

# OVERVIEW

- ◆ 3-day CME course originally developed by Dr. Andy Spickard and his colleagues at Vanderbilt Medical Center
- ◆ Presented by Dr. Martha Brown and her colleagues at UF College of Medicine
- ◆ Designed to address common problematic behaviors such as:
  - inappropriately dispensing controlled substances from office practices
  - prescribing overly large doses or quantities of drugs to individual patients
  - prescribing at too frequent intervals
  - failing to document completely (or at all) the rationale for treatment

## This three day course includes components examining:

- ◆ The participants' professional practices
- ◆ Strategies to improve management of difficult patient problems
- ◆ Establishing appropriate physician boundaries
- ◆ Development of new skills in substance abuse identification and prescribing practice
- ◆ Specific case studies and discussions
- ◆ Development of a plan for changing ideas, skills, attitudes and behaviors that have contributed to misprescribing

## Objectives:

- ◆ Teach new skills in substance abuse identification
- ◆ Facilitate the professional's understanding of their motivations in the patient encounter
- ◆ Evaluate personal motivations in the patient encounter through family genograms, discussions of personal responsibility with patients, and group experience focused on encounters with patients
- ◆ Provide state-of-the-art information on proper prescribing practices of controlled substances
- ◆ Identify risky prescribing practices and implement strategies to avoid these behaviors
- ◆ Identify the drug-seeking patient and diagnose chemical dependency

**Target Audience—Physicians, Physicians Assistants, Nurses, Pharmacists, Dentists, and any professionals who prescribe, or have access to, controlled substances to patients.**

## Dates for Prescribing Controlled Drugs CME Course

April 15-17, 2020

December 2-4, 2020

### Course Director

Martha E. Brown, MD

To register, visit our website:  
[www.drmarthabrown.com](http://www.drmarthabrown.com)

### UF Springhill Health Center

4197 NW 86th Terrace

Gainesville, Florida 32606

For more information, please call:  
352-265-5300

### Preferred Hotels

Best Western Gateway Grand — (352) 331-3336

Springhill Suites — (352) 376-8873

Double Tree by Hilton — (352) 375-2400

Hilton UF Conference Center — (352) 371-3600

### Accreditation

The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit

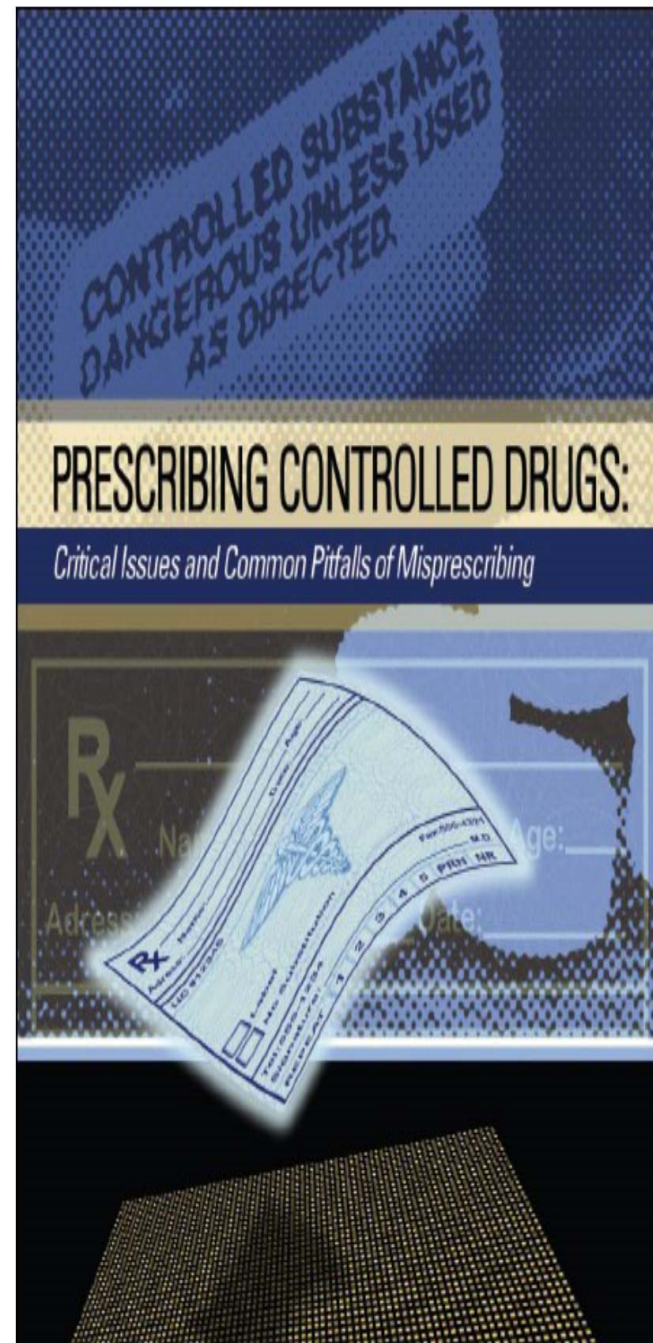
The University of Florida College of Medicine designates this live activity for a maximum of 23.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### CME Advisory Committee Disclosure

Conflict of interest information for the CME Advisory Committee members can be found on the following website: <https://cme.ufl.edu/disclosure/>.

### Disclosure Statement

Dr. Martha Brown, Dr. Elizabeth Jenkins & Dr. Karen Nicholson declare that they do not have any financial disclosures. No one else in a position to control the content of this activity has any financial relationships to disclose.



**UF** Continuing  
Medical Education  
UNIVERSITY of FLORIDA

Department of Psychiatry, Addiction Medicine Division



## Prescribing Controlled Drugs: Critical Issues and Common Pitfalls of Misprescribing

|   |   |   |   |                |   |
|---|---|---|---|----------------|---|
| 8:00-8:30 am  | Registration, Continental Breakfast Available   | 8:00-8:30 am                                    | Continental Breakfast Available   | 8:00-8:30 am   | Continental Breakfast Available   |
| 8:30-8:45 am  | Welcome, Logistics  | 8:30-10:30 am                                   | Session 4B: Part 2 - Understanding the Family System—How Has the Past Affected My Recent Behaviors?                                       | 8:30-9:00 am   | Group Discussion: Review Bridge Story   |
| 8:45-9:15 am  | Course Overview: Review of Syllabus & Toolkit   | 10:30-12:00 pm                                  | Session 5: Substance Abuse Discussion   | 9:00-9:45 am   | Session 9: 12 Steps to Trouble Discussion   |
| 9:15-10:30 am   | Session 1: The Physician in the Pipeline: How Did I Get That Way?                       | 12:00-1:00 pm                                   | Lunch – provided on site  | 9:45-10:00 am  | Break   |
| 10:30-10:45 am  | Break   | 1:00-2:30 pm                                    | Session 6 : Protecting You–Protecting Patients/Role Plays   | 10:00-12:00 pm | Session 10: Patient Interview   |
| 10:45-12:00 pm  | Session 2: Tensions in the Physician’s world  | 2:30-2:45 pm                                    | Break   | 12:00-1:00 pm  | Working Lunch – (provided on site) Continue Session 10  |
| 12:00-1:00 pm   | Lunch – provided on site  | 2:45-4:15 pm                                    | Session 7: Guidelines for Proper Opioid Prescription  | 1:00-2:45 pm   | Session 8 (cont.): BRI Feedback Session/FACES II/ Intent to Change Understanding the Family System-How Has the Past Affected My Recent Behaviors? |
| 1:00-2:45 pm  | Session 3: DEA/Medical Board and Office Practices                                       | 4:15-5:30 pm                                    | Session 8: Homework/BRI Evaluation Explanation and overview of FACES II and ACE Survey Reports/Intention to Change Behaviors/Consent Form | 2:45-3:30 pm   | Complete Post Tests and Course Evaluation/Final Feedback  |
| 2:45-3:00 pm  | Break   | 5:30 pm   | Adjourn   | 3:30 pm        | Adjourn   |
| 3:00-5:00 pm  | Session 4A: The Power of Shame  | 1 hour of homework required during the evening. |   |                |   |
|   | Session 4B: Part 1 - Understanding the Family System                                    |   |   |                |   |
|   | Homework Assignment: Family Questionnaire, Baugh Relationship Index (BRI), FACES II/ACE |   |   |                |   |
| 5:00 pm   | Adjourn   |   |   |                |   |
| 2 hours of evening homework required – Family Questionnaire/Baugh Relationship Index (BRI)/FACES II/ACE |   |   |   |                |   |

### Accommodations for Disabilities or Special Requests, Including Dietary

Please notify Natalie Brown at [natbrown1104@ufl.edu](mailto:natbrown1104@ufl.edu) a minimum of ten working days prior to the conference so that adequate consideration may be given to your request. Special dietary restrictions should also be submitted in advance.

Schedule is subject to change

The following lectures will be presented by Martha E. Brown, MD, Elizabeth A. Jenkins, PhD, and Karen J. Nicholson, PhD.

If you must cancel your registration, the UF CME office will refund your registration fee, less \$500.00, provided you notify us 30 days prior to the start of the course. No refunds will be made after that time. Exceptions will be made on a case by case basis for justifiable emergencies. Registration may be transferred to another course date provided the request is made more than 30 days prior to the start of the course you are registered for. In the event of cancellation or rescheduling of this CME activity due to unforeseen circumstances, registration fees will be refunded in full. UF is not responsible for non-transferable, non-refundable airline tickets, or hotel accommodations purchased in connection with attendance at this CME activity .